

Explore the potential of your quartet

Part 1 Vision – Goals – Plans/Strategies Resources – Work Ethics – Structure

Viveka Boettge Field Quartet Workshop Australia 2012

Explore the potential

- **ex plore** (k-splôr, -splr)
- v. ex plored, ex plor ing, ex plores
- **1.** To investigate systematically; examine: explore every possibility.
- **2.** To search into or travel in for the purpose of discovery: exploring outer space.
- **3.** Medicine To examine for diagnostic purposes. *v.intr.*
- To make a careful examination or search

Explore the potential

potential (p-tnshl) adj.

1. Capable of being but not yet in existence; latent: a potential problem.

- 2. Having possibility, capability, or power.
- **3.** The inherent ability or capacity for growth, development, or coming into being.

4. Something possessing the capacity for growth or development.



- A goal tells you what, a vision motivates why...
- Goals:
 - Compete
 - Sing at B level
 - Win/qualify
- Vision
 - Sing effortlessly with beauty and humour
 - Inspire tomorrow's quartets
 - Make the audience beg for more
 - A goosebumps generating friendly show ensemble
- What is the ultimate image? What is the quartet of your dreams for you?

A vision for you

- What is your ultimate dream? Envision your most desirable future for yourself as a singer.
 no censorship!
- Write down key words to describe your vision, key words that are visual, emotional, vivid, attractive, "magnet words", that paint an irresistible picture.
- What kind of quartet do you want to be a part of? Envision your dream. Write down key words.



Goals

- Look at your vision
- What goals would take you in that direction?



- Do you have goals that take you in a different direction? Do you need to adjust your vision or goals?
- SMART goals
- Plan for follow up

Plans & Strategies

- Agreements on common denominators
- Plan for check points
 Evaluation & Assessments
- Talk about how you want to work
- Use coaching a huge time saver



Resources



- Being of service
- What needs to happen in a quartet?
 - Musically, visually, education
 - Administration, management
 - Fundraising, gigs, PR
- What am I good at?
- What do I want to learn?
- What do I want to be responsible for?
- How can we share the fun?
- Do we need outside help?

Work Ethics

- Talk about how you want to work and why
- Expectations
- Preparation
- Concerns
- Energy thieves
- What are you willing to do about your own growth?



Structure

- Good long warm-ups that prepare your instruments and open your ears – experts or take turns?
- Make warm-ups be about skill building
 - Support, resonance, tone flow
 - Intonation, tuning, vowels
 - Make informed choices, be aware of why you do them
- Bring warm-up skills into singing
- Working through songs
 - Make a plan, stick to it, but be flexible
 - Break it down, don't just sing through
 - Don't let go of details
 - Duets, trios
 - Record, listen back
- Take breaks, laugh, eat
- Regular coaching
 - Take charge of what you need as a group

