Circular Keys

Secret Chorus Business Integrity – Commitment - Fun

Dare to be Different

Show – 3 Weeks to go Harmony Classic – 7 Weeks to go



This is a rehearsal that no member will want to miss!!!

Please arrive ready to start at 7.00pm. Please wear your black CKC bling top. All props will be needed this night.

Compulsory Rehearsal Attendance 29 August to 3 October Friday 31 August Saturday 1 September

If you are planning to be on stage in St Louis these are compulsory attendance dates for Harmony Classic members.



CKC SHOW - 8 SEPTEMBER 2018

Tickets on Sale

https://www.hornsbyrsl.com.au/whats-on/shows

Set 1

- 1. How High the Moon
- 2. Rolling in the Deep

Set 2

- 1. Skyfall
- 2. Everything

Set 3 (Harmony Classic package)

- Come To Australia
- The Moment I Thought I'd Die!
- Make 'em Fall in Love

Set 4 (mixed)

- 1. And So To Sleep3.
- 2. Don't Know Why
- **Costume:** Black with Silver accessories (Set 1 & 2) Harmony Classic Nails – Nude Color

Make Up – per Eisteddfod (details will be emailed) Hair – Corporate (long hair up)

SCHEDULE

Arrival	3.00pm
Riser set up	3.00 – 3.30pm
 CKC Tech rehearsal 	3.30 – 4.00pm
 CKC & SH tech rehearsal 	4.00 – 4.30pm
 SH tech rehearsal 	4.30 – 5.00pm
 Alouette tech rehersal 	5.00 – 5.30pm
Dinner	4.30 – 5.30pm
Dress	5.30 – 7.00pm
 Doors Open 	7.00pm
Performance	7.30 – 9.30pm
Bump out	9.30 – 10.30pm

Arrive with Hair and Makeup done so only touch ups are needed later in the day.

Order of Performance

- CKC set 1
- Sydney Harmony
- Alouette
- CKC set 2
- Intermission
- CKC set 3
- CKC & SH set 4

KEEP CALM IT'S ALMOST #SHOWTIME

Oh Look At Me Now

3. Feels Like Home

- Change The World
- 3. MLK
- 4. Sing

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AFTER GLOW

Level One Bar. (It is actually called Level One). It is a gorgeous cocktail bar and there are lots of indoor and outdoor areas. It is open till 1am.

Show Help - Photographer

If you have a family or friend who is a budding photographer and may like to be our photographer on the night, please see Diane.

Peak Performance Formula

P=p+a-i... Your Peak Performance (P) (all that you are capable of being at that particular point in time) **equals** your (*p*) Potential (skills mastery) **PLUS** your (*a*) Attitude (your confidence, belief, trust, energy, focus, presence) **MINUS** the (i) – Interference (the stuff that gets in your way).

We must always be working to REDUCE the *(i)* interference (both external and internal) at the same time as we are working to build our skills mastery **(p)** and our attitude **(a)** if we want to achieve our peak performance.

We know we are collectively working hard each rehearsal to increase our skills mastery (*p*) **and** we are consciously working together as a unit to up our attitude (*a*).

It is our *individual responsibility* to reduce our *(i)* internal mental interference. Start by becoming aware of the mental interference that gets in your way. Simply notice what thoughts or situations take you out of your best mental place. Awareness is the first step to change.



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COACHING

GLENDA LLOYD Friday 31 August & Saturday 1 September

Glenda started Brindabella Chorus in January 1991, and became the permanent Musical Director in September 1992. Since that time, the chorus has grown from a fledgling group of singers who hoped to make it to the end of a song to become one of Australia's leading women's barbershop choruses. At Harmony Classic in 2017 Brindabella Chorus achieved 1st Place AA Division.



Master Director, Brindabella Chorus Bass, Debacle Quartet | Lead, UMQ Quartet Regional Education Faculty (REF), Sweet Adelines Australia Candidate Arranger, International Music Arranger's Program (IMAP) Lifetime Member, Sweet Adelines International

LYNNE SMITH – Wednesday 5 September

Look up Lynne Smith in the dictionary and you'll find...energy, energy, and more energy! An International choreographer, coach, and educator for over twenty years. Lynne's been described by one of the many choruses she works with as, "flamboyantly delicious!" Her passion for showmanship has been experienced and enjoyed worldwide

She resides in Long Beach California, where her Sweet Adeline career started in 1973 when she joined the Long

Beach Chorus, now known as Golden Sands. In 2003 she became their Director and Showmanship Coach and was proud to compete in the Division AA Harmony Classic Competition in San Antonio Texas. Lynne is a Certified Member of the International Faculty, and a member of International Championship Chorus, Harborlites.

CKC BLING TRANSFERS

We still have a few chorus bling transfers. If you are going to St Louis and do not have a black shirt with "Bling" please see Diane.

The transfers go onto BLACK tops of your own choosing. The cost is \$5/pair and available from Diane at rehearsal.



Members attending convention will need to have their top/s ready to wear in St Louis for rehearsals and for when not competing.



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STAR OF THE WEEK

To nominate a member: Please email Jen Senior (<u>jasenior@hotmail.com</u>) with the member's name and short description as to why you would like to nominate that person.



MEMBER LEAVE

Are you planning on taking holidays or unable to attend rehearsal? If so please email <u>absence@circularkeys.org</u>

Current members on leaveYasi Wickremasinghe06/06/18 - 01/10/18Violetta Owen08/08/18 - 31/10/18

Using this email address ensures the Musial Director, Membership and the Music Team are all notified at the same time.

TRAVELLING TO USA

ESTA- https://esta.cbp.dhs.gov/esta/

USD \$14.00

Official Website – please do not use any other.

All eligible international travelers who wish to travel to the United States under the Visa Waiver Program must apply for authorization.

Please visit the site to Apply for a new ESTA Check an Existing ESTA Application (valid for 2 years)

SUPPER ROSTER

WED 22. AUG	BARB M, ALISON, ANNE H, SUSAN K	ANNE H (milk), SU- SAN K
WED 29. AUG	LISSA L, EMMA E, JESSI F, INESE (cake)	JESSI, INESE (milk & cake)



DIARY DATES

2018		
August 22	SPECIAL EVENT	
September 1	Coaching Workshop – Glenda Lloyd	
September 5	Coaching – Lynne Smith	
September 8	CKC Show – Hornsby RSL	
October 11	SAI International – St Louis	
November 7	Return Rehearsal	
December 1	Sydney Harmony Concert @ Independent Theatre	
December 19	CKC Christmas Party @ St Jospehs' (details TBA)	
2019		
January	Australia Day Performance (TBA)	
February-March	New Members Drive	
2020		
May	Convention - Hobart	

SUGGESTION BOX

The Suggestion Box is kept on top of the microwave during rehearsal for you to place a note you would like management Team to address.

UPCOMING BIRTHDAYS

Deborah Martin	Aug 13	Pippa Anderson Sep 10
Stephanie Wallba	ank Aug 14	Cathleen Bartley Sep 23
Marea Witt	Aug 23	

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INTERNATIONAL COMPETITION – ST LOUIS

- Arrival Date: Thursday 11 October 2018
- Hotel Check-in Saturday 13 October Grand Marriott
- Performance: Saturday 13 October 2018
- Saturday 13 October Dinner with River Blenders prior to show.
- Performance: Sunday 14 October 2018 6pm @ Hyatt Regency St Louis
- Harmony Classic (Competition Day); Tuesday 16 October 2018
- Tuesday Chorus Breakfast (Members only): Tuesday 16 October 2018
- Wednesday Quartet Semi Finals support Debacle
- Wednesday Chorus Family & Friends Social Event (details TBA)
- Thursday Chorus Semi Finals support EHC
- Friday Mass Sing
- Friday Quartet Music Education Class Frenzy Quartet
- Friday Quartet Finals
- Friday Coronet Club Show (tickets sold separately)
- Saturday Chorus Music Education Class North Metro Chorus
- Saturday Chorus Finals
- Saturday "PARTY" in the River Blenders room!!! 8pm Landmark 6/7
- Sunday Checkout

ST LOUIS REHEARSALS

Saturday -13 Oct	Rehearsal & Show	Times TBA
	Hotel Check In	Marriott Grand
Monday - 15 Oct		
9 - 11am	River Blender Risers	Landmark 6/7
1 - 3pm	Intl Risers	Room 276 Convention Complex
4.30-5.30pm	Sweet Adelines Australia support event for CKC, EHC & Debacle	Convention Centre room 132
Tuesday - 16 Oct		
10 – 12pm	River Blender Risers	Landmark 6/7
1 - 3pm	Intl Risers	Room 276 Convention Complex
10 – 12am	River Blender Risers - Score Review	Landmark 6/7

Order of Appearance Division A

- 1. Sirens of Gotham Chorus, Region 15
- 2. Circular Keys Chorus, Region 34
- 3. Vocal Motion! Chorus, Region 26
- 4. Bella A Cappella Chorus, Region 35
- 5. Carolina Harmony Chorus, Region 14

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Saturday 13 Oct - Dinner & Performance with River Blenders

Dinner approx. \$20 USD (tbc) Dinner time: 6.30pm Venue Access from 6pm to 10pm

Traditional BBQ (pulled pork), beans, mac and cheese, salad, etc. A Vegetarian option will also be supplied.

The start time is about 6 pm, but it hasn't been completely finalized yet. The plan is to eat dinner, the choruses will perform then we have the venue for a few more hours to hang out. We can bring in alcohol in as well.

For those staying with River Blenders, the host will drive to the Marriott after the performances/party.

Those not staying with a RB Host – names and numbers are being collected so something can be looked at.

Performance venue - Crestwood Community Center in Crestwood, Missouri 9245 Whitecliff Park Lane <u>https://goo.gl/maps/tTACP2YsqZF2</u>

Tuesday 16 Oct – CKC Contest Day Breakfast

Buffet breakfast approx. \$35USD (tbc) Including hot food, breads/pastries, fruit, yoghurt, cereal, juice, tea/coffee

Wednesday 17 Oct – Dinner Family & Friends

Lucas Park Grill <u>http://lucasparkgrille.com/</u> Time: 6.00 – 8.00pm Cost: **\$50 USD** inc taxes & gratuity (cash payment due on the night to Cheryl) Final Numbers Due – 26 September, please provide to Cheryl Benson Cash Bar

Salad – House Salad or Caesar Salad Entrée Choices – Grilled Bistro Steak, Pan Seared Chicken, Grilled Salmon, Vegetable Pasta Dessert – Lucas Park Cheese Cake or Chocolate Pate (No berries or sauce).

Dinner is scheduled so that we will have time to return to the venue to support Debacle.

2018 St. Louis Competing Chorus Apparel

Front of Item:St. Louis 2018 Convention & Competition LogoBack of Item:CKC Harmony Classic Competing Member Names

22 August 2018



Chorus Custom Roster will be available for members to order after 20 July.

Styles Available:

- V-Neck T-Shirt
- Crew-Neck T-Shirt
- Long Sleeve T-Shirt
- Crew-Neck Sweatshirt
- Fleece Pullover Hooded Sweatshirt
- Fleece Full-Zip Hooded Sweatshirt (Colors vary by item. Check online when ordering.)



<u>September 10</u> Deadline for chorus members to <u>pre-order</u> chorus roster apparel for pick-up on site in St. Louis. (Carol Lutz will pick-up apparel on behalf of all cho-

rus members at the SA convention apparel booth in St. Louis)

Order Link - http://www.goldmedalideas.com/stlouis2018



Physical Book - \$15 USD

You can get the printed edition to hold in your hand, write down songs, draw costumes, etc.

See Maria Priestly and Jenny McPhee for orders if you want one.

They are collecting names and money starting this week. \$22 to cover conversion rate and will refund if it is less.