

Secret Chorus Business

26 April 2023

THIS WEEKS REHEARSAL

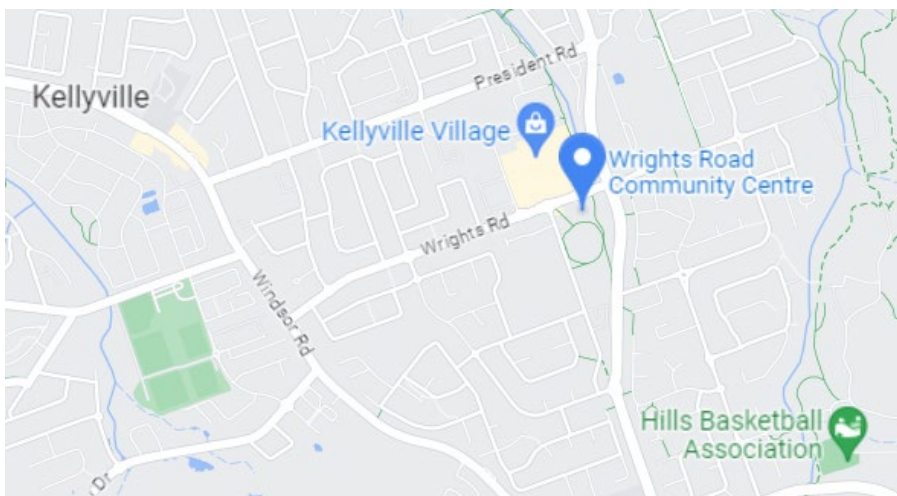
Compulsory for all competing members

This week's rehearsal will be at:

Wrights Road Community Centre - Room 2
Corner of Harrington Road & Wrights Road
Kellyville

- Arrive by 7pm
- Rehearsal starting at 7.30pm
- Departure: 10.00pm

At this stage we are not planning to run Zoom rehearsals or Facebook live feeds during 2023.



Rehearsal Songs

- Something's Coming
- I Wish You Love
- Almost Like Being In Love

Alouette and Kephi to perform

**Please wear a
mask and bring
your cups**

Integrity ★ Commitment ★ Fun
Dare to be Different

COUNTDOWN TO CONTEST

1 and a bit weeks to contest

Brisbane Conv & Expo Centre, 4-7 May 2023

Quartet Competition – Friday 5th May 2023

- Alouette – Contestant Number 15
- Tango – Contestant Number 16
- Kephi – Contestant Number 22

Chorus Competition – Saturday 6th May 2023

- Circular Keys Chorus – Contestant Number 3



Please note:

We have booked at St Mary's church precinct on 20 Merivale Street, South Brisbane, close to the convention centre for chorus rehearsals on:

- Thursday evening
- Friday evening and
- Saturday morning.

A bus (with a wheelchair lift for Sue) is arranged to pick up at the rehearsal venue and transport us to contest venue. More details to come.

CONVENTION REGISTRATION

Closes midnight tonight

If you need to change your convention registration form - maybe you changed your mind about ordering a snazzy convention pin - Registrations Close midnight on Wednesday 26th April 2023. You'll need to enter your registration confirmation number (this is located in the confirmation email you will receive when you register)

If you cannot find your confirmation email (some seem to have gone missing...) Carol has a copy of your registration confirmation number if you registered before the early bird cut-off date.

[Click to open
Convention Bulletin
Third Edition](#)

The third and final edition of the 2023 Convention Bulletin has been released. Check your emails.

This edition has lots of important convention information including the convention schedule, how to purchase general public session tickets and Harmony Sunday!

COMPETITION COSTUME

Oh what shall we wear...

Our costume for this year's contest will be:

- Teal sequin top
- Black velvet pants
- New style chorus shoes
- Black knee high stockings
- Teal sequin earrings
- No watches, bangles, necklaces etc



Please try on your teal sequin top and velvet pants.

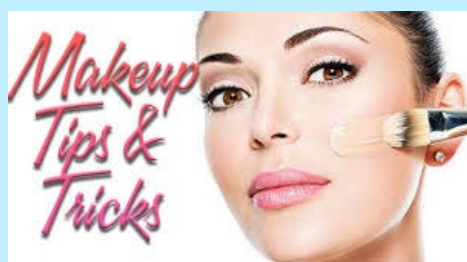
If you have any issues with your costume or require a change of size for your top or pants, please speak to Kath Ware.

COMPETITION MAKEUP

What makeup will we put on...

Make up for competition will be the same as last year (for the video competition), however you will need to wear your favourite false eyelashes. The items you will need are:

- Chorus Eye Shadows – Revlon Photoready Eye Contour Kit Metropolitan
- Chorus Sparkle Dust – la femme Hollywood – Opal (purchased from CKC)
- Chorus blusher – Red Rouge Pot (purchased from CKC)
- Chorus lipstick – Rimmel “Provocalips” 16 hour - 500 Kiss Me You Fool
- Chorus Foundation – Max Factor – Pan Stik ‘Cool Bronze No. 97’
- Loose translucent powder for your face (any brand)
- Concealer (for pre-eye shadow base prep – any brand)
- Eyeliner liquid – black
- Eyeliner pencil- black
- Eyebrow pencil – same colour as own eyebrows (fair hair colours should use a shade darker than your natural root colour)
- Waterproof mascara black
- Lip Liner – Red
- Chorus nail polish – tba
- Bronzing Powder (any brand)



Full instructions and step by step photos are on the website - view them at [Chorus Documentation - Makeup and Grooming](#)

COMMITTEES

HOSPITALITY COMMITTEE

☆ Inese Kamenyitzky – Chair

☆ Anne Harris

☆ Kaye Kendall

☆ Alison Anderson

☆ Verne Mantova

☆ Jenny Do Rozario

☆ Amanda Lovegreen

☆ Stephanie Wallbank

SOCIAL COMMITTEE

☆ Jessi Foulke

☆ Jen Kumar

☆ Dani Groeschel

COACH COORDINATION COMMITTEE

☆ Alison Anderson

☆ Kath Ware

FUND RAISING COMMITTEE

☆ Courtney Churchward – Chair

☆ Jen Senior

☆ Ann Keating

☆ Amanda Lovegreen

☆ Alison Anderson

☆ Frances Gurto

☆ Kaity Dwyer

☆ Linda Vitali

REHEARSAL EQUIPMENT COMMITTEE

☆ Kaye Kendall – Chair

☆ Emma Edwards

☆ Barb Morris

☆ Rachael Moessis

☆ Steph Wallbank

☆ Anna Zhang



To all our wonderful members who
volunteered to help on the various committees.
You rock!

ANGEL FUND



Did you know CKC has an Angel Fund to assist Chorus members who may be experiencing personal hardship that prevents them from participating in Chorus activities such as weekend retreats and Convention. Angel Fund assistance cannot be used to pay monthly membership dues.

The Fund is funded from donations and specific fund-raising events. It is administered by the Team Coordinator and Finance Manager and all requests for assistance are confidential.

If you would like to make a donation to the Angel Fund, please deposit it via EFT to the Circular Keys Account and make sure you include **Angel Fund** in the reference field.

There is no requirement to repay assistance, but any members may wish to make a donation to the fund when they are able to do so.

You can contact the Team Coordinator or Finance Manager if you want to ask about assistance. All enquiries will be kept confidential.

LOVENOTES QUARTET, QUEENS OF HARMONY

Save the Dates

LoveNotes Quartet, Queens of Harmony, will be travelling to Sydney in August to run a series of classes at a weekend workshop focused on individual and ensemble skill development. And of course, there will be a not-to-be-missed concert. More details to come. Lock the following dates in your calendar for this amazing opportunity:

Friday 18th August – Sunday 20th August – SAA Weekend Workshop - Southern Cross College

Tuesday 22nd August – CKC Coaching evening– St Josephs (to be confirmed)



❖	Jen Senior	May 01
❖	Linda Bacic	May 07
❖	Carol Lutz	June 04
❖	Kate Wong	June 05
❖	Amanda Lovegreen	June 06

SUGGESTION BOX

Submitting Suggestions

Have a suggestion you want to raise? Simple the suggestionbox@circularkeys.org

This email has been set up so that it is sent to me (Team Coordinator) only and as you can see in this screenshot, I do not know who sent the email unless you want to sign it.

All suggestions will be discussed by the management team and outcomes of the discussions will be included in SCB.

CHORUS PAYMENTS

Please be advised that EFT should be used for your payments to chorus. Please contact Sue Gray if you need further details, or if you have an issue that prevents you from paying using EFT.

Make sure you include your relevant information in the reference field so Sue knows who the payment is from and what it is for.



CKC Bank Account Details for online payments:

Westpac Bank: BSB: 032170

Account Number: 273702

Account Name: Circular Keys Chorus Incorporated

ABOUT THE STAR OF THE WEEK

Any member of the chorus can nominate someone who has gone above and beyond, who has personally helped you, who has made a special difference or contribution to the Chorus or who has tried extra hard.

There are many other positive attributes that can be recognized with this award.

To nominate a member, simply email Anne Thompson (amthompson@live.com.au) with the member's name and short description as to why you would like to nominate them.

If no nominations are received, the star will not be awarded.



Congratulations to all our stars

YOUR MANAGEMENT TEAM

- | | |
|---------------------------------|-----------------|
| • Team Co-Ordinator | Carol Lutz |
| • Finance Manager | Sue Gray |
| • Secretary | Anne Harris |
| • Public Relations Co-Ordinator | Candace Deller |
| • Performance Co-Ordinator | position vacant |
| • Membership Chair | Frances Gurto |

Appointed members:

- | | | |
|-----------------|---------------|--------------|
| • Diane Jenkins | • Susan Kelly | • Marea Witt |
|-----------------|---------------|--------------|

THE POWER OF VISUALISATION

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The use of visualization techniques will improve performance and accelerate the achievement of your goals.

Visualization is like a structured daydream. Unlike daydreaming however, it is done in the first person, and is always in the present tense. You simply create a mental picture or movie of the competition performance you want, add sensory images (sight, sound, smell, taste, feel) to that picture for greatest effect and put yourself in that picture like it is happening right then.

It is important for all of use to have a clear mental mindset and picture of what the competition day will look like before it happens.

A visualized experience not only conditions the human brain, it will also program the human body. Since your subconscious mind can't tell the difference between physical reality and something you are vividly imagining, the physical response in your body is exactly the same and has the same effect as rehearsing a technical skill repeatedly.

Your mind runs your body!

Things to remember on the risers

- Singers voice at all times and best vocal production – not speaking voice = muscle
- Use CKC Light
- Don't put your instrument on the floor
- Limit Jaw Movement

MASTERFUL SELF-CARE

Put yourself first....

It is critical for every single one of us to treat these final prep weeks and our competition weekend with extra mental focus and nurturing self-care.

1. Visualize and Affirm: Run your packages in your head daily. As you visualize, make use of all your senses to live into your peak performance. Create a positive PEP (Personal Empowerment Phrase) to inspire you and repeat several times per day.

2. Positivize Your Life: Keep your focus in a positive place. Make sure that you keep your hotel room a "generative zone". Insist on it with your roommates and support each other in this!

3. Defer anything possible in your life that can be deferred. Yes, this is the time to start letting things go...super woman has to be put aside. It is time to remain focused on keeping your mind and body healthy. These next weeks make **YOU** the priority.

4. Ask for support: Let your family/partner etc. know that these final pre-competition weeks, everyone needs to step up to help you because you are in training!

5. Love Yourself: You are an important element in creating your Chorus overtone!

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More things to remember on the risers

- Breath early and often – take your personal breaths
- Breath deprivation and pitch do not mix
- Each phrase needs to be finished with purpose
- Twitterpation and remember the Dug

MEMBER LEAVE

Current member leave

Are you planning on taking holidays or unable to attend rehearsal?

If so please email
absence@circularkeys.org

Using this email address ensures the Musical Director, Team Coordinator, Membership and the Music Team are all notified at the same time.



Barb Morris	6 th Feb – 12 May 2023
Sue Gray	19 th Aug – 6 th October 2023
Jane Masters	15 th – 22 nd March 2023
Inese Kamenyitzky	28 th June – 27 th July 2023
Rachael Moessis	8 th – 24 th August 2023 13 th – 25 th November 2023
Kath Ware	17 th Aug – 3 rd Oct 2023
Alison Anderson	8 th – 28 th May 2023
Anne Harris	4 th – 27 th April 2023
Susan Kelly	4 th – 27 th April 2023
Frances Gurto	21 st June – 26 th July 2023
Pippa Anderson	22 nd Sep – 17 th Nov 2023
Jenny Do Rozario	3 rd ,10 th and 17 th May 2023 though will be at contest 2 nd Aug – 14 th Sep 2023
Marea Witt	3 rd and 10 th May 2023 though will be at contest
Kaye Kendall	3 rd ,10 th -31 st May 2023 though will be at contest 2 nd – 30 th Aug 2023
Liz Perry	31 st May – 5 th July 2023



Please logon to the website and update your attendance and song status on a regular basis.

Your Music Team and Management Team work very hard behind the scenes and you can assist by taking responsibility for always making sure your status is up-to-date.

SUPPER ROSTER

DATE	SUPPER	HOSP TEAM
Wed 10 th May	Minor Supper Night	Anne H and Inese
Wed 17 th May	Minor Supper Night	Verne and Inese
Wed 24 th May	Minor Supper Night	Anne H and Jenny Do
Wed 31 st May	Birthday Supper – April and May Birthday Supper	Steph and Verne

DIARY DATES

2023	
Wed 26 th April	COMPULSORY ATTENDANCE for competing members Venue Change: Wrights Road Community Centre - Room 2 - 7pm – 10pm Corner of Harrington Road & Wrights Road, Kellyville Please wear a mask and bring your cup
Wed 3 rd May	No Rehearsal – night before convention and many members travelling
Thu 4 th May	Start of Convention - you need to be in Brisbane on or before this day Chorus Rehearsal – 7pm – 9pm St Mary's church precinct on 20 Merivale Street, South Brisbane
Fri 5 th May	Quartet Competition Chorus Rehearsal – 7pm – 9pm St Mary's church precinct on 20 Merivale Street, South Brisbane
Sat 6 th May	Chorus Rehearsal – prior to competition – time to be confirmed Chorus Competition
Sun 7 th May	Convention Education workshops – Convention Close
Fri 12 th May	Management team Meeting – Sue G's house
Sat 20 th May NEW	BHA Easter Region Contest – Hills Grammar School, Kenthurst
Sat 17 th June	Management Team 101 online workshop (SAA)
Fri 18 th – Sun 20 th August	LoveNotes Quartet Weekend Workshop and concert
Tue 22 nd August	LoveNotes coaching night for CKC