

Wednesday  
March 9 2016

*Circular Keys*  
chorus

# Secret Chorus Business

Circular Keys Chorus are creative musicians who inspire with heart, soul and musical excellence.  
We dare to be different!

The risers must  
come down each  
week in March

## **From the Music Director**

The rehearsal review from 2/3/16 has been posted on the website.

Note there are many things to continue to work on;

breath and air, vowels and sound to name a few.

Please listen carefully to these aspects.

Note the interpretation of words.

Some key words to note:

analyse; forward motion; energised phrases; tools; YOUR business;  
bloom; open up ..... and MORE!

## **From our Visual Team, Heather.**

### **Early Choreo practice 7 p.m.**

Please take this opportunity to come early this week and run through choreo for Choo Choo before coaching this weekend.

## **Lynda Keever coaching**

### **Saturday at the Ron Dyer Centre**

We commence at 9 a.m. at the RDC. This is on the property of St Mary's Church North Sydney. Access (and parking on the property) is from Ridge St. (alt. parking is the council car park, opposite). We will commence at 9 a.m. and conclude at 5 p.m.

### **Sunday, at St. Josephs, in the Pacifica room, commencing at 9 a.m. concluding 1 p.m.**

CKC will provide tea and coffee. Please bring all food and other drinks you may require to both venues each day.

## **Welcome!**

CKC members welcomed Leslie Russell as a new CKC Associate Member last week. Leslie brings her love of being a Sweet Adeline and her enthusiasm and passion of belonging to CKC with her. She is thrilled to be able to join us and we look forward to sharing her musicality and friendship.

*Supper*

*Verne*

*Lyn*

*Lissa*

*Liz van M*

*Hospitality*

*Verne &*

*Cathy*

**The Ann Gooch Award** is a Sweet Adeline International (SAI) award presented to someone beyond the borders of North America who makes an outstanding contribution to her chapter, region or area. We have an opportunity to nominate someone from CKC. As per the email previously sent, please consider if you would like to nominate someone and let the TC (Alison) know in writing. Remember: if doing so by email, *ONLY* send to Alison.

### **Doris Ward Award**

The Doris Ward Award was instigated in 2006 to recognise the work of CKC's founder and Director for six years, Doris Ward. The purpose of this award is to recognise, honour and thank a special member in our Chorus for her contributions to the chorus. A perpetual trophy is presented annually and the recipient of the award is our Sweet Adeline of the Year, recognised at Convention with a certificate.

Nominations for this 'quiet achiever' are invited from the chorus. Any current full chorus member is eligible for nomination with the exception of Doris Ward, Vicki Dwyer and the previous year's winner, Steph Wallbank who form the committee that chooses the winner.

**Please send your nomination, in writing to the TC, Alison Anderson by March 16. Include your reason for nominating this person.**

A full list of nominees and their attributes will then be published in time for voting on March 23.

Previous winners can be seen in Groupanizer/documents/awards to chorus members.

### **Trial of repositioning risers**

The trial of repositioning the risers continues for another week. The risers will face the carpark (backs to the corridor). Please leave all bags in the corridor. Bring recording devices and whatever else you may need while singing into the room.



**10 weeks to go**

**Early bird registration closes this week, Friday 11 March.**

All Members must Register individually at:

<http://www.cvent.com/d/6fq8r6>

All Convention information including forms and timelines can be found in the **Convention Book** at the SAA website:

[www.sweetadelines.org.au/convention](http://www.sweetadelines.org.au/convention)

Please take the time to read through this to help answer any questions you may have about convention.

## **From the Costume committee**

If you received a new costume recently, please return it to Linda by this Wed, 9th March. If you won't be there this week please call Linda and arrange a time the costume may be taken to her or have someone else get it to her. Please make sure your name is on it.

## **The Angel fund**

The "Angel Fund" is to assist Chorus members who are experiencing personal hardship to participate in Chorus activities such as weekend retreats and Convention. Angel Fund assistance cannot be used to pay monthly membership dues.

The Fund is funded from donations and specific fund-raising events. It is administered by the Team Coordinator and Finance Manager and all requests for assistance are confidential.

There is no requirement to repay assistance but members may wish to make a donation back to the fund when they are able to do so.

This fund is there for the use of all members. Please feel free to discuss using it with the TC (Alison) or Finance manager (Deborah).

(Groupanizer/Documents/Constitution,standing rules/Chorus Documentation/Finance/Angel fund)

## **PAYMENT OF DUES**

To check if you are up to date with your dues:

1. Sign into the CKC website
2. Click on your name in the top left hand corner to view your personal page
3. In the Group Information box on the right hand side, look for "Dues paid until".

Note that this is only updated monthly, so may not be completely up to date.

<i>March birthdays</i>	
<b>CKC - the big 20!</b>	<b>23rd</b>
Kate Hawkins	26th
Doris Ward	29th
<i>April birthdays</i>	
<i>Kaitlyn Dwyer</i>	<i>4th</i>
<i>Cheryl Benson</i>	<i>7th</i>

## DIARY DATES

<b>MARCH</b>	
Saturday 12	Full day workshop with Linda Keever Ron Dyer Centre. Nth Sydney
Sunday 13	Half day workshop continues at St Josephs
Saturday 19	<b>Bunnings sausage sizzle: Castle Hill</b>
Wednesday 23	CKC 20th birthday: supper party
<b>APRIL</b>	
Sunday 10	Performance, Blacktown Seniors. 1.30 p.m.
<b>Wednesday 27</b>	<b>AGM.</b> (reports in by 12th)
<b>Saturday 30</b>	<b>Workshop with Lea Baker (to May 1)</b>
<b>MAY</b>	
<b>Sunday 1st</b>	<b>Workshop with Lea Baker</b>
<b>Wednesdays 4-18</b>	Coaching for Convention. Details TBA
<b>Sat. - Sun. 14 - 15</b>	Proposed Skype/training/rehearsal time at St Josephs
<b>Fri. 20 - Sun. 22</b>	CONVENTION, Wollongong
<b>JULY</b>	
Fri. 15 - Sun 17	AHA , Auckland, NZ. (Acapella International Weekend)
Saturday 2	Trivia night, St Josephs
<b>Sunday 17</b>	<b>Bunnings Sausage sizzle: Castle Hill</b>
<b>SEPTEMBER</b>	
<b>Saturday 17</b>	Concert at Independent Theatre
Tuesday 20	Sing at Polio Conf. MCA, Circular Quay. (evening)

A very interesting book I have read recently:

*The Mental Management system. With Winning In Mind.*

*Olympic Champion and two time world champion Lanny Bassham.*

*(Copyright 1995 by Lanny Bassham. Library of Congress. Printed in the USA.)*

It's about mental training for sports and competitive business environments and fits perfectly with what we do: sing to compete and/or sing to perform. It discusses among other things the secrets of mastering the pressure of big competitions, the mental processes that control a winning performance and how to turn your deficiencies into strengths. See if you can get hold of it. I recommend it for all to read. AA