

HOW TO CONVERT MOV TO MP4

Hi Ladies,

Just thought to let you all in on how to convert your MOV file to MP4 format. Steph was having difficulties converting her video for our Something's Coming video project and I managed to give her a hand so I thought it would be helpful to share with all of you how we did it should anyone be having problems with theirs.

We used Windows Photos which is the free program Windows 10 uses to view photos and videos and save it as an MP4. Here are the steps:

Step 1: Find the folder where your video is located on your computer.

Step 2: Right click on the file. A drop-down menu should appear. Select 'Open With'. A second drop-down menu will appear. Select 'Photos'.

Step 3: Your video should open. Up in the top right-hand corner and click on 'Edit & Create'.

Step 4: Click on 'Trim' - we won't be taking anything out so don't panic!

Step 5: in the area between the two little white balls, only trim a quarter of a second by moving your mouse ever so slightly.

Step 6: Click on 'Save As' in the top right-hand corner.

Step 7: A dialogue box will appear. You should be able to save it as an MP4 file. Click 'Save'.

This method will make a copy of your video in the MP4 format that is required. If anyone has any difficulties, feel free to phone, text, email or FB message me!

I hope this helps!

Kind Regards,
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